

Note: You can scoop this into Ice Cube trays and feed your dog "Turkey-cicles." Nice in the summer heat and helps keep teeth cleaner.

Sunny's Miracle Diet

8 c. Water
2-1/2 lbs Ground Turkey (NOT white meat turkey)
2 c. Brown Rice
2 c. Whole Oatmeal
1 lg bag mixed vegetables
1 lg bag frozen peas or chopped broccoli
1/4 teaspoon garlic powder
MORE whole oatmeal to mix in after preceding mixture is finished

Bring Turkey to a boil in water, add rice and oatmeal. Reduce heat and simmer 40 minutes. Stir in the garlic powder and veggies. Simmer 10-15 minutes longer.

Stir in extra oatmeal 1/2 cup at a time to absorb all excess liquid until food is somewhat dry. (The heat will make it edible).

Stir in the supplements before feeding. We adjust the amount as necessary to maintain weight.

Will keep a week refrigerated. Freeze extra. About every 6th time, they substitute the HIGHEST GRADE ground beef for the ground turkey - just for a change. You can also change the green vegetable from time to time. If your dog is too fat, you can add another bag of green veggies. If underweight, add another lb. of turkey.

Modified Healthy Powder

1 lb. nutritional (torula) yeast (Get at Health Food Store) If unavailable, can use other yeast recommended by health food store. Don't buy in pet store.

1 lb. lecithin granules (Get at Health Food Store)

5,000 milligrams of Vitamin C = as Ester C Powder (Get at Health Food Store)

1/2 cup of human grade bonemeal (Health Food Store, Solid Gold catalog)

Tiny bit of powdered potassium (Get at Health Food Store)

1 can (8 oz) of Pro Balance vitamin/nutritional supplement powder. (Upco.com)

Mix well in a big pan, then store in airtight cans until used.

When feeding Sunny's Miracle Diet, this supplement is ABSOLUTELY necessary. Sunny gets 1 tbsp a day, (1/2 tbsp with each meal.)

Additional Things to Consider:

1. Avoid additional salt which can cause dog to retain fluid.
2. Herbal Active's Milk Thistle Extract or Suspension 5 drops 2x day on food.
3. Teeter Creeks LVR-TONE (an extract combination) 5 drops 2x day on food.
4. 1/2 enzyme capsule sprinkled over her food 2x day (N-Zimes #10 made by the National Enzyme Company, Forsyth, Missouri, 65653, telephone 800-825-8545 & 417-546-4796. They take credit cards and get the stuff to you within two days.)

Optional:

5. Lasix can be added if fluid build up is a problem. Shouldn't be necessary on salt-free diet.

If you need help, contact the creator of this diet:
Kennalea Pratt, Starbound Miniature Schnauzers
kennalea@mindspring.com